INVISALIGN GUIDE
March 2016

Contents

1. The key steps to Invisalign treatment
2. The primary benefits of Invisalign
3. Your virtual treatment plan
4. How Invisalign compares to other treatments
5. Approximate timescales and payment schedule
6. Cost comparison of treatments
7. Frequently asked questions
8. Contract
9. End of treatment confirmation
1. The key steps to Invisalign treatment

Step 1: Visit Smilepod for an initial FREE examination - At your initial visit our Invisalign certified dentists will examine your teeth to confirm your suitability for treatment. We will then arrange an x-ray to check the strength of your teeth and gums.

Step 2: Start the program - To start the program we will firstly take photographs and impressions of your teeth. Finally we send precise instructions to Invisalign in the USA.

Step 3: Your treatment plan - We discuss your digital treatment images and animations from Invisalign and discuss your treatment plan.

Step 4: Invisalign construct your Aligners - Invisalign uses advanced 3-D computer imaging technology to transform your bite impressions into a custom-made series of clear and removable aligners. There may be as many as 48 in the series or as few as 12, depending on your individual treatment plan.

Step 5: You receive your Aligners - During your next visit to Smilepod you will receive your first set of Aligners. Your dentist will most likely give you a few additional sets for you to wear before you return for your next visit. We will also provide whitening gels if this is part of your treatment plan.

Step 6: You wear your Aligners - You’ll wear each set of aligners day and night for about 2 weeks, removing them only to eat, drink, brush & floss. Total treatment time averages 6-12 months, but will vary from case to case. You’ll visit your dentist about every 6 weeks to ensure that your treatment is progressing as planned.

Step 7: You’ve finished the Treatment - Congratulations! When you’re finished wearing each aligner in the series, your treatment will be complete and you will have the beautiful smile you’ve always wanted.

2. Primary benefits of Invisalign

Invisalign is clear. - You can straighten your teeth without anyone knowing.

Invisalign is removable. - Unlike other braces, you can eat and drink what you want during treatment. You can also brush and floss normally to maintain good oral hygiene.

Invisalign is comfortable. - There are no metal brackets or wires as with braces to cause mouth irritation, and no metal wires means you spend less time in the dentist’s chair getting adjustments.
3. Your virtual treatment plan

Invisalign allows you to view your own virtual treatment plan before you start so you can see how straight your teeth will look when your treatment is complete.

4. How Invisalign compares to other treatments

Nothing else measures up to Invisalign. When it comes to considering your options for a smile makeover, it’s easy to see Invisalign’s clear advantages which provide another reason to smile. Compare Invisalign to other teeth straightening options below.

<table>
<thead>
<tr>
<th></th>
<th>Invisalign</th>
<th>Metal Braces</th>
</tr>
</thead>
<tbody>
<tr>
<td>How does it work?</td>
<td>Invisalign uses a series of clear removable aligners to straighten your teeth without wires or brackets.</td>
<td>Fixed braces use wires and brackets to move your teeth into straighter alignment.</td>
</tr>
<tr>
<td>Nearly invisible</td>
<td>YES.</td>
<td>No. Most fixed braces are Noticeable.</td>
</tr>
<tr>
<td>Removable during treatment</td>
<td>YES.</td>
<td>No. You cannot remove fixed braces until treatment is completed.</td>
</tr>
<tr>
<td>Treatment doesn’t involve metal that can irritate teeth and gums</td>
<td>YES.</td>
<td>No. The metal wires and brackets can cause mouth irritation.</td>
</tr>
<tr>
<td>Allows you to brush and floss normally during treatment</td>
<td>YES.</td>
<td>No. Fixed metal braces hinder the ability to reach the entire tooth/gum area when flossing.</td>
</tr>
<tr>
<td>Provides a clear defined and virtual treatment plan from the start to completion of treatment</td>
<td>YES.</td>
<td>Although your dental practitioner has a clear defined treatment plan, you will not be able to see what your teeth may look like during and after treatment.</td>
</tr>
</tbody>
</table>
5. Approximate timescales and payment schedule

At Smilepod we know that a confident smile can change everything. Invisalign makes the decision easy, because you can have a great and healthy smile without most people noticing you’re going through treatment.

So start on the right track today and find out how you can achieve the smile you’ve always wanted with Invisalign.

Approximate time scales and payment schedule:

**Week 1: FREE initial consultation**
Photographs and treatment planning and submission for case evaluation.

**Week 2: Impressions and X-rays**
Impression and radiographs are sent to Invisalign in the USA for treatment planning - £450

**Week 4: Discuss treatment plan with your Smilepod clinician**
Review appointment when treatment plan is discussed and then submitted - £995

**Week 6/7: First Aligners fitted**
First aligner is fitted. Standing order is set up to pay cost of treatment over 6 months. If our clinicians feel the treatment will take less than 6 months the payment schedule may be altered.

**Weeks 8 onwards**
Regular reviews in line with treatment plan.* To secure treatment appointments we require a £20 refundable deposit which has a 2 days working cancellation policy after which deposits are retained.

**Note**
1 - The £450 treatment planning process is non refundable, there is a small chance that the results show that Invisalign treatment is clinically not possible and in this event the £450 cannot be refunded.

2 – Once the plan is discussed and approved, the aligners are manufactured and the treatment commences. Should your personal circumstance prevent the conclusion of the treatment, Smilepod are unable to refund any monies paid and any outstanding treatment costs remain due.
Payment options

We offer a range of options, from a 3 staged payments, or an upfront payment followed by interest free monthly payments over 6 - 8 months. There are 2 examples below.

A) 3 stage payments - Invisalign Full treatment with retainers & whitening

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Price £’s</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Invisalign</td>
<td>£3,395</td>
</tr>
<tr>
<td>Whitening (reduced from £299)</td>
<td>£199</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>£3,594</strong></td>
</tr>
</tbody>
</table>

Deposit after consultation £450
First payment after Clincheck (wk 2) £995
Final payment at start of treatment (wk 4) £2,149

B) 6 month interest free payment plan - Full treatment with whitening

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Deposit after consultation £450
First payment after Clin check (wk 2) £995
6 Monthly payments commencing at start of treatment (wk 4) £358.17

6. Cost comparison of treatments

At Smilepod, we believe in a fixed price so you know from the beginning what you will be paying:

- Smilepod Invisalign ranges from £1,950 for the 17 treatment to £3,395 for the Full treatment.

- Fixed Braces – Single arch £3,395, dual arch £3,395

- Veneers - £4,500

(The prices for fixed braces and veneers are for illustrative purposes only and prices may vary).
7. Frequently asked questions

1. Can I prepare for treatment?
We would carry out an extensive oral health assessment. We would need to make sure all teeth are disease free and the gums healthy. This will provide optimum conditions for the best result.

2. Can I work out if I’m suitable for treatment?
The best and cheapest way is to book in for a free smile assessment. At this appointment we can see if Invisalign is suitable for you and what kind of final result you would expect.

3. How long will the process take?
Each individual case varies. This can range from 6 months to up to a year. When we show you the final result as a 3D image we will also be able to tell you the number of aligners required. Since each aligner is worn for 2 weeks we have a treatment time prepared for you.

4. What are the downsides/side effects of treatment?
There are very few downsides to the Invisalign system. You will be required to remove the aligner when you are eating to prevent food getting stuck under it. Otherwise there are very little downsides to the treatment.

5. Will it hurt?
No. The way Invisalign works is to introduce constant but steady pressure on your teeth. This results in you only feeling light pressure on your teeth. You would not experience any pain, discomfort or sensitivity from the procedure.

6. Do they need needles?
Absolutely not. No drilling or injections are required for this procedure. This is one of the most conservative pain free procedures you could ever undertake at the dentist.

7. How can you have a say in what they look like?
We will be guided by you on what you want the final result to look like. After all it’s your smile.

8. Will I see each stage of my new smile develop?
At the initial assessment stage we will provide instructions to the laboratory in America on what movements we want. This will give you a chance to express your views on what you want to achieve. Before the aligners are constructed a 3D image showing you the final result is presented to you. At this stage you can modify the treatment. So you are in total control of the final result.
9. INVISALIGN CONTRACT

I7 treatment Dual Arch   £ 1,950
I7 treatment Single Arch   £ 1,750
Lite Treatment Dual Arch   £ 2,495
Lite Treatment Single Arch   £ 2,155
Full treatment up to 30 Aligners   £ 3,395
Refinement   £ 349
Whitening (as part of Invisalign)   £ 199

Total treatment price   £ ______________________

Please be aware of the complete price list of possible Invisalign treatments. [March 2015 prices].

- I7 Treatment Dual Arch– up to 7 sets of Aligners. (Includes Retainers) £1,950
- I7 Treatment – Single Arch up to 7 sets of Aligners. (Includes Retainers) £1,750
- Lite Treatment – Dual Arch 8 to 14 sets of Aligners. (Includes Retainers) £2,495
- Lite Treatment – Single Arch 8 to 14 sets of Aligners. (Includes Retainers) £2,155
- Full Treatment – 15 to 30 sets of Aligners. (Includes Retainers) £3,395
- Each additional Aligner above 30 sets. £40
- Missed appointments, or cancelled within 2 working days £50
- Replacement Aligner (each) £96
- Mid Course Correction Treatment (each) £349
- Refinement Treatment (each) £349
- Removing, or re-fixing attachments (per arch) £149
- Vivera Replacement Retainers (when part of Invisalign treatment)
  - 3 Sets Dual Arch £299
  - 3x Single Arch £349
- Note
  In the event that the Clincheck cannot progress, please note the £450 deposit is non-refundable.
  Once the Clincheck is accepted and the treatment program commences, all fees are not refundable. In the event that personal circumstances prevent treatment, Smilepod are unable to provide a refund.

Option A – 3 staged payments

Deposit _____________ second payment of __________ (amount) ______________(date)

Final payment _____________ (amount) __________ (date)

Option B – Interest free credit

Deposit _____________ second payment of __________ (amount) ______________(date)

followed by _______ monthly payments of __________

Standing Order Mandate completed  □

Signature:  Name:  Date:
10. End of Invisalign Treatment Confirmation

Date:

Client Name: .................................................................

R4 Reference...........................................................................

DOB:.................................................................

This letter is to confirm as of ___________________________ (Date) your Invisalign treatment has been satisfactorily completed and you are now being released from Dr ___________________ care.

On your last invisalign appointment Dr______________________________ and yourself were happy with the outcome of your invisalign treatment. The results have been satisfactory and the retention was placed/given. Any free follow-up reviews relating to your invisalign treatment is only valid for 3 months after date of completion (as above) and thereafter a charge of £30.00 will apply for further reviews/ follow up appointments.

You are advised to keep all your Aligners in case of relapse in the future. Retainers should be worn as recommended by your Invisalign dentist. You should continue to visit Smilepod every 6 month for your routine hygiene and dental examination visits.

Smilepod Invisalign Dentist Signature: Dr______________________________

Date:

Client Signature: __________________________________ Date:

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