

INVISALIGN® GUIDE

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0207 836 6866 · reception@smilepod.co.uk · smilepod.co.uk

CANARY WHARF
34 North Colonnade,
E14 5HX

CITY OF LONDON
18-20 Cullum Street,
EC3M 7JJ

COVENT GARDEN
23 Rose Street,
WC2E 9EA

1. The key steps to Invisalign treatment

Step 1: Visit Smilepod for an initial FREE examination

At your initial visit our Invisalign certified dentists will examine your teeth to confirm your suitability for treatment. We will take photographs and impressions of your teeth. We will then arrange an x-ray to check the strength of your teeth and gums. Finally we send precise instructions to Invisalign in the USA.

Step 2: Your treatment plan

We discuss your digital treatment images and animations from Invisalign and discuss your treatment plan.

Step 3: Invisalign construct your Aligners

Invisalign uses advanced 3-D computer imaging technology to transform your bite impressions into a custom-made series of clear and removable aligners. There may be as many as 48 in the series or as few as 12, depending on your individual treatment plan.

Step 4: You Receive Your Aligners

During your next visit to Smilepod you will receive your first set of Aligners. Your dentist will most likely give you a few additional sets for you to wear before you return for your next visit. We will also provide whitening gels if this is part of your treatment plan

Step 5: You Wear Your Aligners

You'll wear each set of aligners day and night for about 2 weeks, removing them only to eat, drink, brush & floss. Total treatment time averages 6-12 months, but will vary from case to case. You'll visit your dentist about every 6 weeks to ensure that your treatment is progressing as planned.

Step 6: You've Finished the Treatment

Congratulations! When you're finished wearing each aligner in the series, your treatment will be complete and you will have the beautiful smile you've always wanted.

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2. Primary benefits of Invisalign

Invisalign is clear.

You can straighten your teeth without anyone knowing.

Invisalign is removable.

Unlike other braces, you can eat and drink what you want during treatment. You can also brush and floss normally to maintain good oral hygiene.

Invisalign is comfortable.

There are no metal brackets or wires as with braces to cause mouth irritation, and no metal wires means you spend less time in the dentist's chair getting adjustments.

3. Your virtual treatment plan

Invisalign allows you to view your own virtual treatment plan before you start so you can see how straight your teeth will look when your treatment is complete.

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4. How Invisalign compares to other treatments

Nothing else measures up to Invisalign. When it comes to considering your options for a smile makeover, it's easy to see Invisalign's clear advantages which provide another reason to smile. Compare Invisalign to other teeth straightening options below.

	Invisalign	Metal Braces
How does it work?	Invisalign uses a series of clear removable aligners to straighten your teeth without wires or brackets.	Fixed braces use wires and brackets to move your teeth into straighter alignment.
Nearly invisible	YES.	No. Most fixed braces are noticeable.
Removable during treatment	YES.	No. You cannot remove fixed braces until treatment is completed.
Treatment doesn't involve metal that can irritate teeth and gums	YES.	No. The metal wires and brackets can cause mouth irritation.
Allows you to brush and floss normally during treatment	YES.	No. Fixed metal braces hinder the ability to reach the entire tooth/gum area when flossing.
Provides a clear defined and virtual treatment plan from the start to completion of treatment	YES.	Although your dental practitioner has a clear defined treatment plan, you will not be able to see what your teeth may look like during and after treatment.

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5. Approximate timescales and payment schedule

Ask about Interest FREE credit

At Smilepod we know that a confident smile can change everything. Invisalign makes the decision easy, because you can have a great and healthy smile without most people noticing you're going through treatment.

So start on the right track today and find out how you can achieve the smile you've always wanted with Invisalign.

Approximate time scales and payment schedule:

Week 1: FREE initial consultation

Photographs and treatment planning and submission for case evaluation.

Week 2: Impressions and X-rays

Impression and radiographs are sent to Invisalign in the USA for treatment planning - **£450.00**

Week 4: Discuss treatment plan with your Smilepod clinician

Review appointment when treatment plan is discussed and then submitted - **£995.00**

Week 6/7: First Aligners fitted

First aligner is fitted. Standing order is set up to pay cost of treatment over **8 months**. If our clinicians feel the treatment will take less than 8 months the payment schedule may be altered.

Weeks 8 onwards

Regular reviews in line with treatment plan.

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6. Cost comparison of treatments

A key feature of Smilepod is our fixed prices with no hidden extras and Invisalign is no different.

During your free consultation we will discuss your options and once we have agreed the treatment plan we will fix the price.

Initial Consultation	Free
Lite Treatment	£1,995
Full treatment	£2,445
Refinement	£295
Retainers	£245
Whitening	£145

7. Frequently asked questions

1. Can I prepare for treatment?

We would carry out an extensive oral health assessment. We would need to make sure all teeth are disease free and the gums healthy. This will provide optimum conditions for the best result.

2. Can I work out if I'm suitable for treatment?

The best and cheapest way is to book in for a free smile assessment. At this appointment we can see if Invisalign is suitable for you and what kind of final result you would expect.

3. How long will the process take?

Each individual case varies. This can range from 6 months to up to a year. When we show you the final result as a 3D image we will also be able to tell you the number of aligners required. Since each aligner is worn for 2 weeks we have a treatment time prepared for you.

4. What are the downsides/side effects of treatment?

There are very few downsides to the Invisalign system. You will be required to remove the aligner when you are eating to prevent food getting stuck under it. Otherwise there are very little downsides to the treatment.

5. Will it hurt?

No. The way Invisalign works is to introduce constant but steady pressure on your teeth. This results in you only feeling light pressure on your teeth. You would not experience any pain, discomfort or sensitivity from the procedure.

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6. Do they need needles?

Absolutely not. No drilling or injections are required for this procedure. This is one of the most conservative pain free procedures you could ever undertake at the dentist.

7. How can you have a say in what they look like?

We will be guided by you on what you want the final result to look like. After all it's your smile.

8. Will I see each stage of my new smile develop?

At the initial assessment stage we will provide instructions to the laboratory in America on what movements we want. This will give you a chance to express your views on what you want to achieve. Before the aligners are constructed a 3D image showing you the final result is presented to you. At this stage you can modify the treatment. So you are in total control of the final result.

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